

Himalayan Balsam is an invasive plant that outcompetes our native wildlife.

TASK: To hand pull the balsam before it seeds

WHERE: Monkmead Wood, West Chiltington

<u>WHEN</u>: June – 2<sup>nd</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 25<sup>th</sup>, 29<sup>th</sup> July – 11<sup>th</sup>, 12<sup>th</sup>, 20<sup>th</sup>, 30<sup>th</sup>

Come and join us!

The challenge is to remove it from our rivers and wetland areas. Our aim is to help wildlife and this special place, have some fun and get some fresh air.

There will be bending and lifting involved but everyone works at their own pace.

Training and equipment is provided and travel expenses reimbursed. We even bring cake!

For further information or to get involved please contact the ARC Volunteer Co-ordinator on **01273 763377** or email **kate.whitton@rspb.org.uk** 





